

At 12 years old, Sarah Carabelos was put into a Speech and Debate class, which completely terrified her. After the first day of watching some of the older students get into a heated discussion and so clearly communicate their ideas, she quickly fell in love! For the next six years, Sarah competed in Team Policy and Parliamentary Debate, often taking home the first place speaker award, and she also excelled in several speech events, including Extemp, Impromptu, Persuasive, Original Oratory, and Expos. She placed among the top national competitors, was the team debate captain, and partnered to develop a training curriculum for new students to fall in love and excel in this sport. After graduating, Sarah continued to coach for her local club, international students, and debate camps across the country.

Sarah and Zack have been married for seven years and are currently living in Dallas, Texas, homeschooling their two children. She spends her days primarily at home with the kids and working as a private high school math and writing tutor. This fall, she will start her own Speech and Debate club, continuing her love of coaching in her local community.